Christina School District Learning Choice Board

for Preschool Optional week of April 13th- April 17th **Spring/ Weather**

ELA Q-tip Painting: Draw a letter on a piece of paper (start with the letters in your child's name). Let your child use a q-tip and some paint to dot the letter. This is also a great fine motor activity!!	ELA Read a Book with your child. Ask your child questions about the story or help your child label different items in each picture. After reading the book, play Eye Spy on the pages. Can you find the red hat? Build up your child's receptive vocabulary.	ELA Scissor Snipping: Color a paper plate. Draw one-inch lines around the edge of a paper plate and help your child snip the edges. Ruffle the edge pushing them forward and backward to make them look like flower petals. Glue some glitter or noodles or old oatmeal (whatever you have lying around) into the middle to make the center of the flower. https://www.theresourcefulmama.co m/paper-plate-flower-craft-for-kids/	ELA Playdough: Make a small batch of playdough with your child. Help them roll and create the letters of their name or use different utensils or cookie cutters to make shapes/prints. Press coins into the playdough. <u>https://mommyfootprint.com/the- perfect-home-made-play-dough- recipe/</u>
<u>Math</u> Stuffed Animal/Toy Measuring: Count out 5-10 different stuffed animals or toys with your child. Work on lining up the animals from shortest to tallest. Try again from tallest to shortest.	<u>Math</u> Rainbow Number Writing: Adult or child write a number on a piece of paper, the child works on identifying the number drawn. Then help your child count out that many crayons or markers and they can then practice tracing the number with each color they counted to make a rainbow number	<u>Math</u> Egg Carton Flower (check art activity) Counting and Measuring: How many petals does your flower have? How many leaves did you draw on your flower? Use pennies to measure how long your flower stem is. Record your findings. Try the same activity with a flower or plant you find outside.	<u>Math</u> Nature Collection Sort and Graph: Take the items you found on the nature walk you went on. Help your child sort them into categories i.e. sticks, rocks, flowers, clovers, etc. Then work with your child on making a graph. Talk about which has more/less/same.

***If you do not have access to any of the above activities please let me know so I can substitute the activity for you 🙂

Sensory Colorful Rice or Noodles: https://www.forkandbeans.com/201 9/02/19/rainbow-rice/ Allow your child to help make the above recipe. Extension: hide puzzle pieces into the sensory rice/noodles and let them find them and place them into the puzzle board.	Jobs: Mail Person: Take your child to the mailbox each day to help you gather the mail. Show them how to place envelopes into the mailbox and put the flag up when you have mail to send out. If you have a locked mailbox, show them how you have to unlock it with the key. Let them try. Tell them how the lock helps to keep the mail safe just like a lock on the house or car helps to keep us safe. Work with your child on properly washing his or her hands by lathering soap and singing the 'ABCs' and using warm water to rinse after the trip to the mailbox each day.	Social-Emotional Turn-taking: Play a board game, build with Legos, build with blocks, do a puzzle together. Practice taking turns with your child. They put one block on, you put one block on.	Social-Emotional Help Make Dinner: Allow your child to help mix ingredients together in a dish at dinner or help make sandwiches at lunch. Talk to them about what you are making and how much of each ingredient you have to use. Allow your child to serve the food to each family member/friend at dinner/lunch
<u>Art</u> Egg Carton Flower: Cut up an empty egg carton keeping each individual container for a single egg intact. Glue the egg carton 'bumps' into the shape of a flower. Paint the egg carton flower. Have your child then draw a stem and leaves to the flower. Discuss the different parts of a flower-stem, leaves, petals, roots, etc.	Start this activity by going outside for a few minutes to observe the clouds. Talk with your child about the color, shape, direction they are moving, etc. Shaving Cream Sensory Play: Squirt some shaving cream onto a flat surface. Allow your child time to play and explore the shaving cream. Work with your child on writing and identifying letters or shapes.	Physical Activity Red Light, Green Light: Play red light, green light with your child. Teach them that red light means stop and green light means go. When you say 'red light' they have to stop and when you say 'green light' they have to go until they get to you. Then switch roles. You can also make STOP and GO signs instead of saying red light/green light.	Physical Activity Nature Hike: Go outside for a walk and take a bag or container with you. Have your child collect different nature items. Help them collect a variety of items and a few of each one (we will use these for the math activity for today)

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